

NH Board of Nursing

Position Statement and Clinical Practice Advisories Regarding the Role of the RN in Dermatology/Cosmetic Services

It is important to note that dermatology/cosmetic procedures are delegated skills performed under the supervision of a physician or an APRN, because the assessment, evaluation, and documentation regarding diagnosis and treatment *are not under the scope of RN practice. Training and competency required pursuant to Nur 404.12*

The following grid contains responses to specific frequently asked questions pertaining to this topic.

From Mayo Clinic: <http://www.mayoclinic.org/tests-procedures/laser-resurfacing/basics/definition/prc-20019469>

Definition of Non-Ablative vs Ablative:

Laser resurfacing is a skin resurfacing procedure that uses a laser to improve the appearance of your skin or treat minor facial flaws. Laser resurfacing can be done with two types of lasers:

- A wounding (ablative) laser, which removes thin layers of skin
- A nonwounding (nonablative) laser, which stimulates collagen growth and tightens underlying skin

Clinical Practice Advisory Summary – Dermatology/Cosmetic FAQ

Activity/Question	Within RN Scope of Practice?	Comments
Botox fillers	Yes	
Cryotherapy for wart removal	No	
Dermabrasion	*Yes	<i>*Non-ablative only</i>
Double chin with Kybella	Yes	<i>With training and competency an RN may perform the task of injecting this drug under delegation of a provider order.</i>
Microdermabrasion	*Yes	<i>*Non-ablative only</i>
Microneedling	Yes	
Dermal fillers	Yes	
Intense pulse light therapy	Yes	
Laser therapy, ablative	No	
Laser therapy, non-ablative	*Yes	<i>*Non-ablative only</i>
Lip augmentation	*Yes	<i>*If following same procedure as botox fillers</i>
Mesotherapy	No	
Nail dremel	Yes	
Sclerotherapy	*Yes	<i>*Limited to spider veins</i> <ul style="list-style-type: none">• Supervising physician/APRN must

		<p>perform and document an initial assessment prior to treatment and as needed during the course of therapy</p> <ul style="list-style-type: none"> • The physician/APRN must be on-site, immediately available and able to respond to any questions or problems that may occur while the procedure is being performed. • The RN must have satisfactorily completed a documented education and training program which includes supervised practice and clinical skills competency as required under administrative rules. • The facility has applicable policies and procedures and written orders for dealing with allergic reactions. • Continuing education for the procedure is ongoing and documented.
Tattoo removal	Yes	Using non-ablative/ non vaporizing technique

References:

Arizona State Board of Nursing. (2015) Advisory Opinion: Medical Esthetic Procedures Performed by Licensed Nurses. Retrieved from:
https://www.azbn.gov/Documents/advisory_opinion/AO%20Medical%20Esthetic%20Procedures%20Performed%20by%20Licensed%20Nurses.pdf

Mayo Clinic (2015) Ablation. Retrieved <http://www.mayoclinic.org/tests-procedures/ablation-therapy/basics/definition/prc-20012646>

Dermatology Nurses' Association position statement *The Nurses Role in the Provision of Cosmetic Services*

Dermatology Nurses' Association- www.dnanurse.org

<http://www.dnanurse.org/nurses-role-provision-cosmetic-services>